

# YOUR RIGHTS Children and young people have rights too!



# You have the right to feel

## Respected

This means to be:

- listened to
- believed
- · accepted for who you are
- valued

This right means you have the responsibility to respect others.

## Safe

This means to:

- · have a safe home
- not be harmed or hurt
- · have your feelings cared about
- · be supported to grow and develop well

This right means you have the responsibility to keep yourself and others safe.

# Some people I trust to talk to are....

| <br>Phone: |
|------------|
| <br>Phone: |
| <br>Phone: |

If I feel that I am not being listened to, or I need someone to act on my behalf, or I want to make a complaint

## I can

- · talk to my worker
- call Centacare's Intake Worker on 8210 8200
- contact The Guardian for Children and Young People on 8226 8570
- · call the Kid's Helpline on 1800 55 1800

## Childrens' Rights

45 Wakefield Street Adelaide SA 5000 | T 8210 8200 | F 8232 8920 enquiries@centacare.org.au www.centacare.org.au



Meeting the Challenge

Disability

Families, Youth and Children

Health and Wellbeing

**Employment, Education and Training** 

Homelessness

### A Child Safe Organisation

Centacare has an ongoing commitment to building and maintaining a Child Safe Organisation.



## Statement regarding the traditional owners of the land.



For thousands of years Aboriginal people have walked on this land, in their country. Their relationship with the land is at the centre of their lives. We acknowledge the Aboriginal people and their stewardship and spiritual connection with their lands.



#### Quality Assurance

Centacare is a nationally accredited organisation assessed against the Quality Improvement Council (QIC) Australian Health & Community Services Core Standards and the Community Services Standards.