



FAMILIES, YOUTH AND CHILDREN
EMPLOYMENT, EDUCATION AND TRAINING
HEALTH AND WELLBEING | DISABILITY
DOMESTIC VIOLENCE AND HOMELESSNESS

**Integrated Youth Substance Misuse Specialist
Service (IYSMSS)**

8215 6785

www.centacare.org.au

What now?

You are welcome to phone us or nominate someone to contact us on your behalf. This could be a family member or friend, your doctor, support worker or another health care professional.

- ✿ For enquiries regarding our Residential Rehabilitation Program or Counselling Support please phone us from 9:00am to 5:00pm - Monday to Friday.
- ✿ For Sobering Up support please phone anytime to see if we have a bed available.

Contact us on 8215 6785 for any of these services.

A Child Safe Organisation

Centacare has an ongoing commitment to building and maintaining a Child Safe Organisation.



Statement regarding the traditional owners of the land.

For thousands of years Aboriginal people have walked on this land, in their country. Their relationship with the land is at the centre of their lives. We acknowledge the Aboriginal people and their stewardship and spiritual connection with their lands.



Quality Assurance

Centacare is a nationally accredited organisation assessed against the Quality Improvement Council (QIC) Australian Health & Community Services Core Standards and the Community Services Standards.

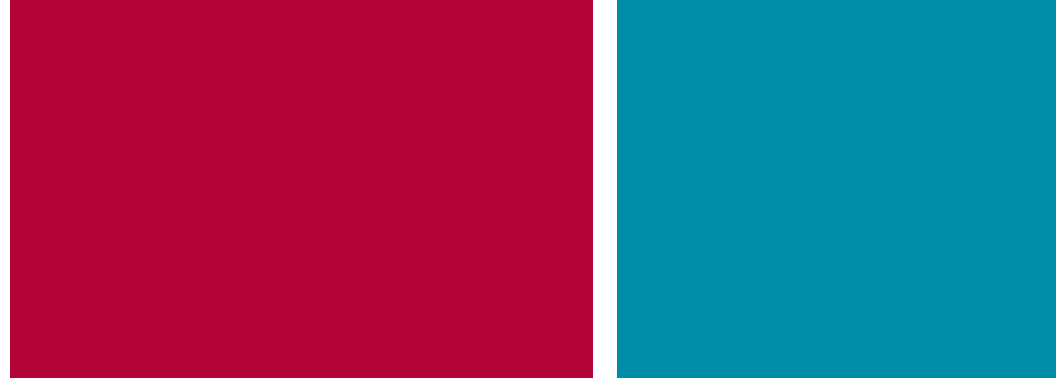
Alban Place



Integrated Youth Substance Misuse Specialist Service

Supporting young people living with substance issues.





Alban Place

Alban Place is part of Centacare's Integrated Youth Substance Misuse Specialist Service (IYSMSS).

The IYSMSS provides a range of specialist support services across South Australia for young people aged 12-24 who are living with substance issues.

Our Services

1. Residential Rehabilitation Program

Alban Place houses four bedrooms in a homelike environment. A stay at Alban Place includes:

- Weekly individual sessions to define your goals and monitor progress
- A detailed plan to help achieve your goals
- Regular therapeutic group sessions and life skills training
- Connections to other support services
- Case management support
- A self-directed approach to your recovery, tailored to your needs.

This service is staffed 24 hours a day, 7 days a week.

2. Alcohol and other Drug Counselling

Support is provided at Alban Place or at our office in Adelaide City. Our service is non-judgmental, respectful and ensures you are central to your recovery.

Support may include:

- A detailed alcohol and other drug assessment with a counsellor
- Therapeutic counselling using evidence-based approaches
- Working in partnership with a Counsellor to identify your goals
- Monitoring and evaluating the progress of your goals
- Preparation for in-stay rehabilitation
- Support post in-stay rehabilitation

The counselling service runs Monday to Friday, from 9:00am to 5:00pm.

3. Sobering Up Beds

We have two sobering up beds for young people aged 12-24 who are under the influence of alcohol and/or other drugs. A short term sobering up stay includes:

- A short assessment where we ask you a few simple questions
- A drug and alcohol test prior to admission
- A room with a comfortable bed to sober up in
- Access to a toilet and shower
- Regular monitoring to ensure your safety and security

We strive to provide a caring environment where you can sober up, rest, shower, eat a meal and talk to someone. We are located five minutes from Adelaide City.

The service is available 24 hours a day, 7 days a week. Please phone 8215 6785 if you need a safe place to go.

Is Alban Place for me?

If you are experiencing substance use issues and want to change your alcohol or other drug use, Alban Place may be the place for you.